

Position	Race number	Forename	Surname	Gender	Class	Club	Race time
1	108	Griffiths	Thomas	Male	M	St Helens Sutton AC	00:28:19
2	3	Anders	Steven	Male	M	St Helens Sutton AC	00:31:25
3	78	Ellis	James	Male	M	Kirkby Milers AC	00:32:58
4	140	Johnson	Stuart	Male	M	Spectrum Striders	00:33:49
5	122	Hewitt	Ian	Male	MV40	Liverpool Running Bugs	00:33:51
6	6	Appleton	John	Male	M	St Helens Sutton AC	00:33:59
7	71	Dunn	Mark	Male	M	Kirkby Milers AC	00:34:40
8	210	Preston	Wesley	Male	M		00:34:48
9	129	Hough	Robert	Male	MV40	Spectrum Striders	00:34:58
10	117	Harrison	Kevin	Male	MV40	Kirkby Milers AC	00:35:08
11	21	Birkett	Chris	Male	MV40		00:35:15
12	76	Edwards	David	Male	MV50	Kirkby Milers AC	00:35:18
13	205	Peers	Daniel	Male	M	Spectrum Striders	00:35:45
14	9	Atherton	Mark	Male	MV40	Widnes Running Club	00:36:09
15	94	Gawthorne	Lisa	Female	F	Liverpool Pembroke & Sefton H AC	00:36:12
16	104	Graney	B	Male	MV50	St Helens Sutton AC	00:36:18
17	52	Cornwell	Kev	Male	M	Liverpool Harriers & AC	00:36:26
18	70	Dunbar	Kevin	Male	MV40	St Helens Tri	00:36:32
19	87	Forber	Michael	Male	MV40	Isabella Rose Foundation	00:36:32
20	197	Myers	Paul	Male	MV40		00:36:37
21	213	Roberts	Ian	Male	MV40	St Helens Sutton AC	00:36:40
22	180	Mckenzie	Steve	Male	MV40	Kirkby Milers AC	00:36:51
23	245	Wilton	Gary	Male	MV40	Kirkby Milers AC	00:36:53
24	26	Boulger	Andrew	Male	MV40	Kirkby Milers AC	00:36:56
25	212	Roberts	Eddie	Male	MV40	Knowsley Harriers	00:37:05
26	40	Casey	Louise	Female	F	Widnes Running Club	00:37:11
27	84	Fitzsimmons	Adam	Male	M	Kirkby Milers AC	00:37:16
28	11	Balshaw	Carl	Male	MV40	Penny Lane Striders	00:37:35
29	136	Hunter	Neil	Male	MV40	St Helens Tri	00:37:54
30	97	Glen	Andrew	Male	MV50	Liverpool Running Bugs	00:38:12
31	239	Unsworth	Vicky	Female	F	Liverpool Harriers & AC	00:38:19
32	151	Lee	Christopher	Male	MV40	Liverpool Running Bugs	00:38:23
33	23	Birkett	Jonathan	Male	MV40		00:38:26
34	93	Gaskell	Andrew	Male	MV50	Spectrum Striders	00:38:49
35	19	Beyga	Anthony	Male	MV60	Kirkby Milers AC	00:39:05
36	38	Carroll	Sarah-Jane	Female	F	Kirkby Milers AC	00:39:09
37	211	Rivers	Ian	Male	MV50	Kirkby Milers AC	00:39:10
38	113	Halsall	Clinton	Male	MV40	Bandstanders	00:39:18
39	215	Sanderson	Matt	Male	MV40	Warrington Running Club	00:39:21
40	68	Driver	Graham	Male	MV50	Spectrum Striders	00:39:29
41	132	Houghton	Stephen	Male	MV50		00:39:30
42	17	Bentley	Alex	Male	M	Liverpool Running Bugs	00:39:39
43	62	Dobson	Jonathan	Male	M	UKRunChat Running Club	00:39:55
44	48	Connor	Michael	Male	MV50	Penny Lane Striders	00:40:00
45	174	McGlynn	James	Male	MV60	Wigan & District H & AC	00:40:21
46	177	McGovern	Luke	Male	M	Liverpool Running Bugs	00:40:23
47	148	Kilshaw	Gary	Male	MV40		00:40:26
48	111	Hall	Mark	Male	MV40		00:40:41
49	241	Whalley	Matthew	Male	M	Kirkby Milers AC	00:40:48
50	10	Atkin	Peter	Male	M	Liverpool Running Club	00:40:54
51	189	Monaghan	Sonya	Female	FV40		00:40:55
52	234	Tessyman	Craig	Male	M	Fylde Coast Runners	00:40:55
53	56	Craig	Tony	Male	MV50	Kirkby Milers AC	00:41:05
54	37	Carr	Kieron	Male	MV40	Liverpool Running Bugs	00:41:11
55	12	Barker	Stephen	Male	MV40	Bandstanders	00:41:14
56	27	Brady	Alan	Male	MV60	Spectrum Striders	00:41:25
57	14	Barrow	Caroline	Female	FV40	Widnes Running Club	00:41:30
58	158	Loughran	Tom	Male	M	Kirkby Milers AC	00:41:38
59	147	Kelsall	Helen	Female	F	Kirkby Milers AC	00:41:43
60	65	Dowd	Philip	Male	MV40	Mersey Tri	00:41:48

Position	Race number	Forename	Surname	Gender	Class	Club	Race time
61	128	Horsfall	Pauline	Female	FV60	Widnes Running Club	00:41:50
62	36	Carns	Greg	Male	MV50	St Helens Sutton AC	00:42:20
63	195	Murphy	Tim	Male	MV50	Spectrum Striders	00:42:21
64	89	Foster	Karon	Female	FV50	Spectrum Striders	00:42:24
65	72	Durkin	Joanna	Female	F		00:42:28
66	67	Drillingcourt	Heather	Female	F	Bandstanders	00:42:32
67	66	Drillingcourt	Andy	Male	MV50	Bandstanders	00:42:37
68	176	McGovern	Gary	Male	MV50	Liverpool Running Bugs	00:42:45
69	60	Dale	John	Male	M	Widnes Running Club	00:42:51
70	121	Helsby	Pat	Female	FV60	Kirkby Milers AC	00:43:50
71	163	Maddock	Stephen	Male	MV50	Liverpool Running Bugs	00:43:52
72	120	Hart	Tony	Male	MV40	Fylde Coast Runners	00:43:53
73	41	Challinor	Mark	Male	MV40	Bandstanders	00:43:53
74	109	Hall	Adam	Male	M	Liverpool Running Bugs	00:44:09
75	114	Hampson	Alan	Male	MV60	Liverpool Running Bugs	00:44:09
76	186	Miller	Michael	Male	MV50		00:44:24
77	46	Clarke	John	Male	MV50	Kirkby Milers AC	00:44:29
78	209	Pownell	Katie	Female	F	Knowsley Harriers	00:44:47
79	159	Lowry	Alan	Male	MV50	Kirkby Milers AC	00:44:49
80	204	Pearce	Craig	Male	MV40		00:45:05
81	13	Barr	John	Male	MV60	Bandstanders	00:45:10
82	231	Swift	Sharon	Female	FV50	Bandstanders	00:45:10
83	219	Simpkin	John	Male	MV50	Fylde Coast Runners	00:45:10
84	28	Brewster	Sarah	Female	F	Moorside Park Run Club	00:45:11
85	51	Corlett	Lurdes	Female	FV50	Penny Lane Striders	00:45:15
86	200	Obrien	Mick	Male	MV50	Knowsley Harriers	00:45:21
87	208	Poole	Simon	Male	MV40		00:45:43
88	157	Loughran	Sean	Male	MV50	Kirkby Milers AC	00:45:52
89	164	Maguire	Graham	Male	MV50	Fylde Coast Runners	00:45:56
90	175	McGough	Sharon	Female	FV40	Kirkby Milers AC	00:45:58
91	244	Wilson	Paul	Male	MV50	Widnes Running Club	00:46:01
92	96	Giller	Kirsty	Female	F	Kirkby milers	00:46:06
93	188	Mitchell	Alex	Male	M	Liverpool Running Bugs	00:46:13
94	160	Lynch	Dave	Male	MV40		00:46:15
95	59	Crosby	Paul	Male	MV50		00:46:24
96	63	Donald	Stephanie	Female	F	Kirkby Milers AC	00:46:39
97	110	Hall	Anita	Female	FV50		00:46:49
98	5	Appleton	Alan	Male	MV60		00:46:51
99	222	Smith	John	Male	MV40		00:46:51
100	248	Yarwood	Dennis	Male	MV50	Spectrum Striders	00:46:55
101	167	Mason	Ben	Male	M	Isabella Rose Foundation	00:47:02
102	1	Mark	Fillingham	Male	MV50	St Helens Striders	00:47:06
103	29	Broderick	Helen	Female	FV40	St Helens Tri	00:47:06
104	207	Platt	Jennie	Female	F	Liverpool Harriers & AC	00:47:22
105	49	Conway	Barry	Male	MV50		00:47:26
106	82	Featherstone	James	Male	MV50		00:47:29
107	187	Mistry	Bhav	Female	FV40	Kirkby Milers AC	00:47:37
108	172	McEwan	Danielle	Female	F	Liverpool Running Bugs	00:47:40
109	25	Blundell	James	Male	M	Spectrum Striders	00:47:43
110	137	Hurst	Andrew	Male	M		00:47:46
111	92	Gartside	Tony	Male	MV50	Bandstanders	00:47:47
112	15	Barrow	David	Male	MV60	Kirkby Milers AC	00:47:53
113	165	Marron	Ciaran	Male	M	Kirkby Milers AC	00:48:09
114	141	Jones	David	Male	MV40	Kirkby Milers AC	00:48:12
115	30	Brown	David	Male	MV50	Warrington Running Club	00:48:37
116	166	Martin	Sharon	Female	FV40	Knowsley Harriers	00:48:56
117	236	Thompson	Kay	Female	FV40	Warrington Running Club	00:49:02
118	88	Forrest	Andrew	Male	MV40		00:49:15
119	171	McCooley	Kevin	Male	M	Bandstanders	00:49:26
120	44	Cheetham	Jayne Louise	Female	FV40	Warrington Running Club	00:49:38

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121	98	Goble	Tracey	Female	FV50	Liverpool Running Bugs	00:49:43
122	86	Forber	Christine	Female	FV40	Isabella Rose Foundation	00:49:52
123	161	Lyon	Catherine	Female	F	Spectrum Striders	00:50:14
124	153	Lloyd	Katie	Female	F	Liverpool Running Bugs	00:50:19
125	178	Mcgreavy	Sandra	Female	FV50	Widnes Running Club	00:50:25
126	85	Forber	Bethany	Female	F	Isabella Rose Foundation	00:50:28
127	57	Craven	Richard	Male	MV40		00:50:40
128	225	Spotswood	Brenda	Female	FV40	Swinton Running Club	00:50:40
129	181	McClean	Claudia	Female	FV40	Liverpool Running Bugs	00:50:53
130	226	Stevens	Sava	Male	MV40	Mad runners	00:50:57
131	190	Moore	Alan	Male	MV50	Liverpool Running Bugs	00:51:05
132	100	Goldsmith	Helen	Female	FV40	Warrington Running Club	00:51:14
133	126	Hogan	Andrew	Male	MV40		00:51:15
134	144	Kay	Michael	Male	MV40	Warrington Running Club	00:52:23
135	240	Vickers	Lynn	Female	FV50	Southport Waterloo AC	00:52:34
136	112	Hall	Suzanne	Female	F	Liverpool Running Bugs	00:53:02
137	246	Workman	Susan	Female	FV50		00:53:18
138	227	Sullivan	Christopher	Male	MV40	Kirkby Milers AC	00:53:19
139	107	Greengrass	Linda	Female	FV50	Kirkby Milers AC	00:53:20
140	202	Palmer	Michael	Male	M	Liverpool Running Bugs	00:53:21
141	183	Meehan	Paul	Male	MV50	Fylde Coast Runners	00:53:36
142	232	Syms	Lesley	Female	FV50		00:54:07
143	127	Holmes	Janet	Female	FV60	St Helens Sutton AC	00:54:20
144	90	Gallagher	Owen	Male	MV40	Kirkby Milers AC	00:54:29
145	99	Gold	Adele	Female	FV40	Kirkby Milers AC	00:54:36
146	16	Beattie	Ed	Male	MV40		00:54:36
147	54	Cox	Matthew	Male	M		00:54:39
148	198	O'Rourke	Phil	Male	MV50	Liverpool Running Club	00:55:04
149	184	Mellor	Krista	Female	F		00:55:56
150	8	Atherton	Emma	Female	F		00:55:57
151	201	O'Brien	Natalie	Female	F	Kirkby Milers AC	00:55:59
152	199	O'Brien	Carrie	Female	F	Kirkby Milers AC	00:56:00
153	45	Clare	Simon	Male	M	Kirkby Milers AC	00:56:00
154	77	Ellis	Jackie	Female	FV50		00:56:03
155	220	Sinnott	Ian	Male	MV40	Liverpool Running Bugs	00:56:30
156	42	Chandler	Rachel	Female	F	Liverpool Running Bugs	00:57:20
157	143	Jones	Kate	Female	F		00:57:30
158	118	Harrison	Rebecca	Female	FU20	Kirkby Milers AC	00:58:20
159	18	Beveridge	Nic	Female	F		00:58:48
160	162	Maddock	Nicola	Female	FV40	Liverpool Running Bugs	00:58:56
161	206	Platt	Carol	Female	FV60	Kirkby Milers AC	00:59:09
162	47	Coates	Sarah	Female	F	Wigan & District H & AC	00:59:17
163	7	Ashworth	Katherine	Female	FV40		01:00:03
164	238	Underhill	Sarah	Female	F		01:00:04
165	32	Brownlow	Catherine	Female	F		01:00:29
166	170	McCarten	Thea	Female	FV40	Bandstanders	01:00:30
167	116	Hancock	Tanya	Female	FV40	Wigan & District H & AC	01:00:33
168	115	Hancock	Paul	Male	MV50	Wigan & District H & AC	01:00:34
169	22	Birkett	Claire	Female	FV40	Liverpool Running Bugs	01:00:39
170	24	Birkett	Lee	Male	MV40	Liverpool Running Bugs	01:00:39
171	123	Hewitt	Phillip	Male	MV40	Liverpool Running Bugs	01:00:58
172	155	Lodge	Debbie	Female	FV50	Kirkby Milers AC	01:01:18
173	81	Farrar	Kirstin	Female	FV40	Kirkby Milers AC	01:01:18
174	185	Miller	Annmaria	Female	FV40	Kirkby Milers AC	01:01:19
175	145	Kelly	Karen	Female	FV40	Kirkby Milers AC	01:01:19
176	221	Smallman	Hayley	Female	FV40	Kirkby Milers AC	01:01:19
177	233	Taylor	Beth	Female	FV50	Kirkby Milers AC	01:01:20
178	154	Lloyd	Philip	Male	MV40	Kirkby Milers AC	01:01:24
179	214	Roberts	Rachel	Female	FV40	Knowsley Harriers	01:01:37
180	237	Tipton	Claire	Female	F	Knowsley Harriers	01:01:40

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181	43	Charman	Stephanie	Female	FV60	Knowsley Harriers	01:01:45
182	125	Hibbs	Dawn	Female	FV40		01:01:57
183	80	Evans	Joanne	Female	F	Knowsley Harriers	01:02:56
184	173	McGlynn	Frances	Female	FV60		01:03:13
185	196	Murray	Rachel	Female	FV40	Kirkby Milers AC	01:03:15
186	61	Davitt	Katy	Female	FV40	Kirkby Milers AC	01:03:15
187	119	Harrison	Sharon	Female	FV40	Kirkby Milers AC	01:03:26
188	20	Beyga	Christine	Female	FV50	Kirkby Milers AC	01:03:26
189	74	Dyas	Vicky	Female	FV40	Bandstanders	01:03:35
190	135	Hughes	Elaine	Female	FV40	Kirkby Milers AC	01:03:50
191	182	Medlicott	Alison	Female	FV50	Warrington Running Club	01:03:51
192	229	Swadkins	Mollie	Female	F	Liverpool Running Bugs	01:03:56
193	228	Swadkins	Gill	Female	FV50	Liverpool Running Bugs	01:03:59
194	75	Eddleston	Kerry	Female	F	Bandstanders	01:04:22
195	134	Hughes	Becky	Female	F	Bandstanders	01:04:23
196	150	Leather	Barbara	Female	FV50	Fylde Coast Runners	01:04:23
197	103	Gordon	Jenny	Female	FV40	Isabella Rose Foundation	01:04:48
198	168	Mason	Jayne	Female	F	Isabella Rose Foundation	01:04:49
199	39	Cartin	Michelle	Female	FV40		01:05:01
200	58	Crawley	Deb	Female	FV50	Kirkby Milers AC	01:05:30
201	218	Simm	Rachel	Female	F	Wigan & District H & AC	01:05:46
202	83	Fielding	Katie	Female	F	Liverpool Running Bugs	01:06:05
203	138	Irwin	John	Male	MV70	St Helens Sutton AC	01:06:49
204	193	Morris	Sue	Female	FV60	Isabella Rose Foundation	01:10:35
205	169	Mcallister	Andy	Male	MV40	Kirkby Milers AC	01:11:42
206	194	Mullin	Janet	Female	FV50	Kirkby Milers AC	01:11:42
207	223	Smith	Lesley	Female	FV50		01:12:25
208	124	Hewitt	Vicky	Female	FV50	Bandstanders	01:12:45
209	133	Hughes	Ashley	Male	M	Bandstanders	01:13:29
210	50	Conway	Gemma	Female	F	Kirkby Milers AC	01:24:16
211	191	Moore	Ann	Female	FV60	Liverpool Running Bugs	01:25:27
212	230	Swallow	Joanne	Female	F	Kirkby Milers AC	01:27:21
213	53	Court	Leanne	Female	F	Kirkby Milers AC	01:27:32
214	224	Smith	Nicola	Female	F	Kirkby Milers AC	01:29:57